

The Plain Brown Rapper



THE OFFICIAL NEWSLETTER OF THE INTERNATIONAL SERVICE ORGANIZATION OF SAA, PO BOX 70949, HOUSTON, TX 77270

Volume 11, Issue 6

Carrying the message of hope to the Sex Addict who still suffers

December '99-January 2000

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CONVENTION ALREADY?!?!?

No, but it's time to begin planning! The Fellowship began a long time ago to set in motion a great gathering for the year 2000. Turn to page 9 for all the early information. **YOU CAN PLAN YOUR CALENDAR NOW, EVEN REGISTER! PLAN *NOW* TO ATTEND !!**

Editor's note:

The following letter of thanks should have been printed in the last issue of the PBR. We apologize for having had it "pigeon-holed" until this one. We make an amend to Arnold D....

Dear SAA Members,

On 7-9-99 I received a package from the main office in Texas. It was a picture of about 35 to 40 people from the SAA Convention and a certificate award for service rendered to ISO. Both the picture and the certificate were in frames. I also received the banner that the group held up in the picture which said "WE LOVE YOU ARNOLD". I thank all of you so much for the wonderful gift, it means so much to me. All of it will be put up on our office wall. My first sponsor kept telling me I had to give it away in order to receive it, I spent three wonderful years on the Board and about nine years in Prison Outreach plus starting a few meetings in between time. I have received so much sobriety and serenity for giving the program away. I have gained so many friends because of giving the program away. When the wife and I travel and we have a lay over at an air port, we call people in that city and have them meet us, this makes a few hours in a airport, go by very fast and it's fun to.

I have had several calls from people who were at the convention and found out that I am having a little bout with ALS or Lou Gehrig's Disease. I again thank you for the calls, e-mail and cards. Sexual Addiction promises us death or prison if we don't work a recovery program such as SAA. Sexual addiction almost killed me because of a suicide attempt to stop my addiction. I didn't know it at that time, but meetings were the way to stop the addiction. Sexual Addiction almost put me in prison for the rest of my life. I went from total chaos to serenity and sobriety with my sexual addiction just by going to meetings and giving it away; well I plan on beating this ALS also, I plan on being at more SAA Conventions. I have to tell you this, I have been to three ALS Support meetings in our area and they are so full of doom and gloom and dying, that we leave early so we can make the end of our SAA Meeting, so we can get picked back up. WOW! My wife and I are working on changing that. I would enjoy hearing from any of you. Don't count on a big letter back; this letter has taken me three hours so far with a computer, two hands and a pencil. If any of you out there have MS OR ALS, I would like to hear from you also to share my plan on turning this ALS around. This disease has slowed me down, I'm only making two to three SAA meetings a week, I want to continue going to meetings because I know my sex addiction will always be with me no matter how sick I get. With that I will end and say thank you again for being there!

Your Friend In Recovery.

Arnold D.

P.O. Box 502



—INSIDE—

Many submissions this issue and a cross-section of articles and letters.

There's not much ISO Board or LitCom business which means more

Experience

Strength

Hope

is available for your recovery program.

+++++

—NEXT ISSUE—

Because of the volume of material on hand for this issue, there is more we've had to postpone. To wit:

- Tradition Nine - Jim H.
- John S. "stuff"
- "ICQ" - Louis D.
- Poetry - George S.
- Poetry - Bill R.
- From Inside - Kasey S.
- LitCom meeting report
- More Convention 2000
- Web column
- ISO Outreach column
- Prison Outreach Rept.
- **YOUR ARTICLE-ESH-**

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