

The Plain Brown Rapper



THE OFFICIAL NEWSLETTER OF THE INTERNATIONAL SERVICE ORGANIZATION OF SAA, PO BOX 70949, HOUSTON, TX 77270

Volume 12, Issue 1

Carrying the message of hope to the Sex Addict who still suffers

February-March, 2000

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"Serenity in the Desert... Serenidad en el Desierto"...
PLAN NOW TO BE THERE
[NOTE: PORTIONS OF THIS BLOCK HAVE BEEN DELETED FOR
WEB SITE PUBLICATION... FOR ANONYMITY REASONS]

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I had a big problem with the "God" thing. I was not agnostic but antagonistic when it came to anything "spiritual." I defiantly insisted that everything could be explained and understood without resorting to unscientific beliefs. I had engaged in grand debates in high school about the existence of God and evolution vs. creation, and anytime someone mentioned God, religion, or anything that smacked of spirituality, my mind slammed shut. I didn't hear anything else that was said, as I was busy constructing arguments against it.

When I read the Twelve Steps and saw God mentioned in half of them, I didn't think this program would work for me. I shared in meetings that I was having trouble with the God stuff, and other members shared that they had had the same problem, but had found a way to make it work for them. A wise member with over ten years of sobriety approached me after one meeting and said, "Just don't try to figure it all out."

By this time, I had been beaten into a state of reasonableness by my disease, and I had to accept the possibility that maybe I didn't know everything. I had always considered human intelligence (mine in particular) the highest power in the Universe. The idea that there were some things I was incapable of comprehending was a big blow to my ego, but once I got over that, I was able to learn.

People assured me that I could have my

own conception of a Power greater than myself, that it didn't have to be the "God" that others had described to me in my youth. Various types had tried to convert me or "save" me, and, having rejected their concept of religion, I thought I had rejected the God idea entirely. I had investigated numerous religions over the years and found that they each had something to offer, but I could never completely swallow any of them. I was very relieved to learn that I could develop my own definitions for spiritual terms.

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Not all we promised for this issue is here! Some things expected didn't come in; other items needed some added work. Had some others come in that were selected for this issue, the others will be published in future issues. The Financial Reports for year-end took some ESH space, yet it is necessary that we are cognizant of our support responsibilities. Hope you find all herein beneficial for your recovery. ED...

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